

**St. Joseph Academy
131 East Fort Lee Rd.
Bogota, NJ 07603
(201) 487-8641**

Dear Parents/Guardians,

The following is a list of guidelines to follow when deciding whether or not to keep your child home from school.

1. Please DO NOT send your child to school with a FEVER. A child must be free of fever for 24 hours, without medication before returning to school.
2. A child with a "heavy cold" and/or persistent cough should be kept at home, even if there is no fever.
3. A child who is complaining of severe STOMACHACHE or who is VOMITING or had DIARRHEA should be kept at home. If prompt improvement does not occur, your physician should be consulted.
4. Any child with STREP THROAT should be kept home until he/she has been on medication for 24 hours.
5. When a child has any type of RASH, he/she should not be brought to school until a physician determines that it is safe to do so.
6. DO not send your child to school with CONJUNCTIVITIS or "PINK EYE".
7. Any child who complains of EAR PAIN should be seen by a physician to determine if the ear is infected.

If a child is sent home for fever, vomiting, diarrhea or conjunctivitis, they must not return to school the next day. The child must be symptom free for a full 24 hours before they return to school.

If you have any questions, feel free to contact the Health Office @ 201-487-8641.