



St. Joseph's Academy

May 2018 Lunch Menu

NUTRITION NEWS: May is here which means it is officially National BBQ Month and time to grill outside in the warm weather! Try something different this season by grilling more than just some burgers and hot dogs. Consider grilling seasoned whole ears of corn and skewered vegetables kabobs for a fun family side dish. Also don't be afraid to grill summer market fruits like peaches, strawberries, and apples for a sweet treat!

Student Lunch	\$3.75
Salad Platter	\$3.50
Teacher's Lunch	\$4.25
Entrée a la Carte	\$2.50

"SIDEKICKS"

Large Cookie	\$1.00
Fresh Fruit	\$0.75
Ice Cream	\$1.00-\$1.25
Assorted Chips	\$1.00
Soup	\$1.00
Warm Pretzel	\$1.00
Churro	\$1.00

Maschio's Swap Outs Available Daily

- Bagel with Yogurt Meal
- PB & J Sandwich Bag
- Personal Pizza
- Cereal with Yogurt Meal
- Crispy Chicken Caesar

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Creamy Mac & Cheese Soft Pretzel Stick Fresh or Chilled Fruit	2 Breakfast for Lunch Waffles Breakfast Sausages Tater Tots Fresh or Chilled Fruit	3 Personal Pan Pizza Day Garlic Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit	4 Noon Dismissal
7 Chicken Fries Mashed Potatoes Mixed Vegetables Fresh or Chilled Fruit	8 Meatball Parm Sub Peas and Carrots Fresh or Chilled Fruit	9 Cheese Quesadilla with Salsa Southwestern Corn Fresh or Chilled Fruit National Salsa Month	10 Hot Dog on a Bun BBQ Baked Beans Fresh or Chilled Fruit National BBQ Month	11 Field Day
14 Popcorn Chicken Bowl Mashed Potatoes Pretzel Stick Fresh or Chilled Fruit	15 Hamburger or Cheeseburger on a Bun Onion Rings Fresh or Chilled Fruit	16 Class Lunch	17 Breakfast for Lunch Pancakes Breakfast Sausages Hash Browns Fresh or Chilled Fruit	18 Class Lunch
21 Crispy Chicken BLT Sandwich Potato Wedges Fresh or Chilled Fruit	22 Hot Dog on a Bun BBQ Baked Beans Fresh or Chilled Fruit National BBQ Month	23 Creamy Mac & Cheese Soft Pretzel Stick Fresh or Chilled Fruit	24 Mozzarella Stick Pizza Crunchers Side Garden Salad Fresh or Chilled Fruit	25 Noon Dismissal
28 Memorial Day  School Closed	29 Half Day No Lunch Served	30 Nacho Platter With Taco Meat, Lettuce, Cheddar Cheese & Salsa Rice Fresh or Chilled Fruit	31 Chicken Parm with Pasta Freshly Prepared Caesar Salad Fresh or Chilled Fruit	

Beverage Choice:

Your Meal Comes with the Choice of: Flavored/Unflavored Low Fat Milk, 100% Fruit Juice, or Water

Lunch Tickets are available in the cafeteria:

10 for \$37.50 / 20 for \$75.00

Please Make Checks Payable To: Maschio's Food Services

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"

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